



Week 2: Lesson One -- Broken

Connect.

- Take a few minutes to catch up! Share a “highlight” and “lowlight” from your week.

Grow.

- Watch “Broken” Video.

Group Discussion Questions

- What stood out to you in today’s teaching?
- How would you define brokenness in your life?
- What makes embracing our brokenness so difficult?
- When are you most willing to accept and encounter brokenness in your life?
- What holds you back? Explain.
- How does the picture of God’s power painted in Ephesians make you feel about your brokenness?
- Which of these 3 truths from Rebecca do you need the most help believing?
 - You don’t have to stay broken.
 - In Christ, you have great power.
 - Brokenness is the beginning of wholeness.
- How can the group pray for you this week?

Pray.

“The Lord is close to the brokenhearted...” Psalm 34:18

- Ask God to bring vulnerability and healing to the group members this spring. Pray for everyone in the group to be willing to embrace their brokenness so that healing can take place.

Next.

- Take time to journal this week. Make a list of some ways you have experienced or are currently experiencing brokenness. Invite God to work in each of those areas - and destroy that list!