



### Week 3: Conversation around Brokenness

#### **Day 1:**

Scripture Passage: Isaiah 61:1

*The Spirit of the Sovereign Lord is upon me, for the Lord has anointed me to bring good news to the poor. He has sent me to comfort the brokenhearted and to proclaim that captives will be released and prisoners will be freed.*

- What stands out to you about the role of Jesus in this passage of Scripture?
- How does this reality bring purpose to our brokenness?

#### **Challenge:**

- List all the ways you see God at work in your life today; thank Him for each of those ways.

#### **Day 2:**

Scripture Passage: Psalm 131:1-2

*Lord, my heart is not proud; my eyes are not haughty. I don't concern myself with matters too great or too awesome for me to grasp. Instead, I have calmed and quieted myself, like a weaned child who no longer cries for its mother's milk. Yes, like a weaned child is my soul within me*

- Where have you fallen into the trap of self-absorption? How does that hinder embracing brokenness?
- How can you live more in the arena of a calm/quiet spirit? How can you live more in the simplicity of aligning with God's words of truth spoken over you and about you?

#### **Challenge:**

- Take some time to record anything today concerning yourself that is too great for you to carry. Allow God to take these things for you.

#### **Day 3:**

Scripture Passage: James 4:6

*And he gives grace generously. As the Scriptures say, "God opposes the proud but gives grace to the humble."*

- How do you process the generous grace that the Lord extends to you on a daily basis?
- What is the connection you are seeing between humility and brokenness? How has this strengthened your walk lately?

**Challenge:**

- Pray and ask God how your submission to brokenness can increase your capacity to receive and extend His grace to yourself and to others.

**Day 4:**

Scripture Passage: Matthew 5:3-4

*God blesses those who are poor and realize their need for him, for the Kingdom of Heaven is theirs. God blesses those who mourn, for they will be comforted*

- How have you experienced God's blessing lately through realizing your need for Him?
- In what ways have you noticed God comforting you by keeping His promises?

**Challenge:**

- Who could you encourage today with the truth you have been challenged and encouraged by? Take some time to reach out to them today. Send a text or an email to share what God is saying to you.

**Day 5:**

Scripture Passage: 2 Corinthians 1:8-10

*We think you ought to know, dear brothers and sisters, about the trouble we went through in the province of Asia. We were crushed and overwhelmed beyond our ability to endure, and we thought we would never live through it. In fact, we expected to die. But as a result, we stopped relying on ourselves and learned to rely only on God, who raises the dead. And he did rescue us from mortal danger, and he will rescue us again. We have placed our confidence in him, and he will continue to rescue us.*

- Where are you ceasing to rely on yourself and rely only on God? How are you finding victory in this area?
- What does "placing your confidence" in Him look like? How does this help you move
- from resisting brokenness to embracing brokenness?

**Challenge:**

- Take some time to celebrate the ways you are seeing God transform you. Thank Him for His work in your life.