



Week 3: Whole

Day 1:

Scripture Passage: John 10:10

The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life.

- List out some ways the enemy tries to rob you of what God already says is yours. What are some lies that the enemy has gotten you to believe?
- What would your life look like if you fully lived into the truth that His purpose is to give you a rich and fulfilling life? What would need to change?

Challenge:

- Focus on praying through the great exchange -- exchanging lies you are believing for God's truth.

Day 2:

Scripture Passage: Romans 12:1

And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him.

- How can our pursuit of wholeness be worship back to God?
- When do you find this to be most challenging? When do you find this to be most peace-filled? What do you notice?

Challenge:

- Take some time today to worship God by choosing to walk in wholeness.

Day 3:

Scripture Passage: Colossians 2:9-10

For in Christ lives all the fullness of God in a human body. So you also are complete through your union with Christ, who is the head over every ruler and authority.

- In Christ, we are complete. What hinders you today from maintaining that resolve that keeps you whole?
- How does that truth today bring comfort, conviction, challenge, and change?

Challenge:

- Ask a safe, trusted friend to hold you accountable today in this area.

Day 4:

Scripture Passage: Colossians 1:17

He existed before anything else, and he holds all creation together.

- How does this truth awaken you to the wholeness you were made to walk in?
- Our God is able to “*hold all creation together.*” How can this reality of God’s character keep you grounded when the cares of life want to derail you in regards to your wholeness?

Challenge:

- Speak the truth aloud today the “He holds all creation together” in spite of how you may feel.

Day 5:

Scripture Passage: 1 Peter 5:10

In his kindness, God called you to share in his eternal glory by means of Christ Jesus. So after you have suffered a little while, he will restore, support, and strengthen you, and he will place you on a firm foundation

- How does God’s kindness minister to you and in your current circumstances?
- How have you seen Him turn pain into purpose? How has He restored, supported, and strengthened you? Or, how would you like Him to? Where are you in the process?

Challenge:

- Write out a prayer today from your heart to His.