



### Week 5: Conversations around Wholeness

#### **Connect.**

- Take a few minutes to catch up!

#### **Grow.**

- **Group Discussion Questions**

- What have been some liberating takeaways from this past week regarding wholeness?
- How do you see yourself differently as you realize the powerful truth that you are unconditionally loved by God?
- Knowing God made you - imperfections, flaws, and all - in what areas can you commit to accepting this truth?
- Our wholeness brings healing and our healing unlocks freedom -- where are you or have you freedom as a result of healing in your life?
- How does this truth impact how you see and respond to others?
- What are some new ways of thinking that will fill you up instead of draining you as you live into the fullness of being MADE in the image of God?

#### **Pray.**

- Ask God to help each member embrace the unconditional love of God. Pray that God will help the group see how God can use their brokenness and past to give others hope.

#### **Next.**

- Take some time to journal this week. Where are you trying to earn God's favor? How have you taken your healing into your own hands? What areas of life are the most challenging? Under each area, write one way you can rest in what Christ has done for you.