

Gratitude means letting others know you see how they've helped you.



DAY 1

Read Psalm 9:1

This month we're learning about gratitude—letting others know you see how they've helped you. Guess who we sometimes forget to say "Thank You" to? God! Because we can't see God face to face, we can easily forget all He's done for us. But if we stop to think about it, everything comes from God. He is the maker of heaven and earth. There is no one who deserves more honor and recognition and gratitude than God.

Today's verse reminds us to tell others about all the wonderful things God has done! Here's an easy way to practice this. The next time you sit down to eat a meal with your family, ask the following question: **What would you like to thank God for today?** Go around the table and let each member of your family share their answer. Then, bow your head and **thank God for the food** you're about to eat and the family members around your table!

DAY 2

Read Psalm 106:1-2

God has given us so many good things.

God gives us good things because He is good. There is no bad in Him. He is completely loving, kind, honest, trustworthy, and righteous. He doesn't mess up, fly off the handle, say things He doesn't mean or do anything by accident. God is perfect. And He loves us perfectly. That's why it's important for us to show God our gratitude and celebrate what He's done every day.

Grab your "Gratitude List" from last week or start a fresh list today. Write down five things you want to thank God for under Week 2. You can list things you love about God or thank Him for five things He's done. **And if you come up with more than five, even better!**

DAY 3

Read Colossians 2:6-7

Root Facts (unscramble the words below)

Roots have _____. These root hairs pull
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in water and nutrients.

There are two main types of roots: taproots and fibrous roots. A taproot is long and thick, pointing straight down. Plants with taproots include _____ and dandelions.

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Fibrous roots are made up of many small roots, all around the same size. The _____ in a park or your

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backyard has fibrous roots. Some roots are edible (which means you can eat them!). Some examples are turnips, radishes and _____.

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Roots are important. Plants cannot survive without them. They hold the plant in the ground to keep it standing tall and they pull in water and food from the soil. Roots also store food for the plant.

We have roots too! For those of us who trust and follow Jesus, He is our strong foundation. And just like healthy roots make for healthy plants, as you learn more about Jesus and trust Him each day, you'll grow stronger in your faith and become more and more thankful!

Answers: Hair, carrots, grass, sweet potatoes

DAY 4

Read Hebrews 13:15

When you hang out with your friends, what do you talk about? Make a list below:

We talk to our friends about silly and serious things. Most of the time, we don't even remember what we talk about.

Did you know you can talk to your friends about God? You can talk about a verse you've read or tell them about a cool activity you did with your small group at church. You can also show your friends who God is with your actions. You can treat them the way you want to be treated.

The more we talk about our faith and the more we follow Jesus with our actions, the more we show God how grateful we are for all He's given us. God loves it when we talk about Him and celebrate what He's done.

So here's a little "Show or Tell Challenge." This week, try to "tell" someone or "show" someone what you love about God with your words or actions. **Ask God to help you be brave so that you can help others see how much God loves them too.**

Praise God for what He has done.