

# **Trip Information Sheet**

## **Lifeline - San Pedro Sula, Honduras**

### **Trip Dates**

July 17-24, 2021

### **Deadline To Apply**

March 8, 2021

### **How To Apply**

Contact Missy Cox at [mcox@southland.church](mailto:mcox@southland.church) or 859-224-1654

### **Trip Cost**

\$2100 - Includes: airfare, transportation in country, meals in country and emergency medical insurance. It does not cover immunizations, medications, passport fees, or food during travel at airports.

### **Projects**

Nutrition programs, VBS like programs, prayer walks, layette distribution, property upkeep, general maintenance, and painting.

### **Participant Requirements**

Passport, minimum age is 14 (parent must accompany minors), submit to the rules and guidelines from both Lifeline Ministries and Southland Christian Church.

### **Skills**

Able mind, body, and spirit, good follower, able to work in heat, can lift 35 pounds, flexibility, and able to pray for others.

### **Medications Needed**

Contact your physician or visit the CDC website ([cdc.gov](http://cdc.gov)) regarding immunizations.