



Cafeteria Christianity: Week 2 — “Acceptance”

CONNECT: Try to answer the question “*Who am I?*” using only 1-2 sentences without mentioning your name, age, relatives, friends, appearance, or accomplishments.

GROW:

1. How would you define the word “identity”? Who or what has influenced your perception of who you are? How has this influenced you positively or negatively?
2. **Read Proverbs 31:30, 1 Corinthians 6:19-20, and 2 Corinthians 4:16.** How have you attempted to find your identity in your appearance (how you look)? What has God taught you in the process?
3. **Read Isaiah 64:5-9, Matthew 6:19-20, and Colossians 3:23-24.** How have you attempted to find your identity in your achievements or acquisitions (what you do or what you own)? What has God taught you in the process?
4. **Read 2 Corinthians 5:9, Galatians 1:10, and 1 Thessalonians 2:3-4.** How have you attempted to find your identity in your associations (who you know)? What has God taught you in the process?
5. **Read Genesis 1:26-27 and Psalm 139:13-18.** Although the Bible is clear on where we should get our identity from, why is it so tempting to seek approval from anyone or anywhere else except God?
6. **Read John 3:16-17, Romans 5:6-11, and Romans 8:35-39.** God’s love is on full display in these verses. He went to great lengths to restore us back into His family. How should these biblical truths transform our perspective of who we are?
7. **Read John 1:12-13, Romans 8:14-17, and 1 John 3:1-3.** As followers of Jesus, how should our new identity in Christ as children of God transform the way we live?

PRAY: Read, pray, and meditate on **Colossians 3:1-4**. What we believe changes how we behave. Ask God to help you set your heart and mind on the eternal, not the earthly.

NEXT: Print a copy of this [“Who I Am in Christ”](#) resource. Make a daily or weekly commitment to review it and remind yourself of your new identity in Christ.