



Seasons: Week 2 — “Fall”

CONNECT: There are two types of people: those who embrace the pumpkin spice life and those who don't. Do you like pumpkin spice flavoring? If so, in what context?

GROW:

1. Change can be disruptive, disorienting, and painful. Talk about a season of change in your life and the positive and negative impacts it had on you.
2. **Read Romans 7:15-24.** In this passage, Paul is talking about sin playing out in his life. Do you relate to his struggle to make changes to his patterns of sin?
3. **Read John 5:6.** The question seems like it has an obvious answer, but our behavior doesn't always match up with a real desire to be well or to see change.
 - a. In what ways have you seen this play out in the lives of others?
 - b. In what ways have you seen this play out in your own life?
4. **Read 2 Corinthians 12:9.** The words in this verse seem counterintuitive.
 - a. What encouragement can you take from the words?
 - b. What does it indicate about our need for help with our weaknesses?
5. Are there any changes that you need to make in your life? Talk about it with the group. Here are some areas to consider:
 - a. Time with the Lord
 - b. Relationships/Family
 - c. Career
 - d. Lifestyle choices
 - e. Other

PRAY: Lord, I am desperate for more of you. May my desperation exceed my embarrassment in every life circumstance. Holy Spirit, search my heart and highlight where I need your help. Your power is made perfect in my weakness, so I will rejoice.

NEXT: Proverbs 6:4 says not to put off until tomorrow what can be done today. Is there anything that you have been putting off that you need to tackle? Get started today!