



Slaying Dragons: Week 3 — “Lust”

CONNECT: What is the snack food you cannot stop eating if it’s available?

GROW:

1. Lust may be the most uncomfortable “dragon” to talk about in the church, but not in the world. Why is this an issue we as a church must talk about and teach on regularly?
2. **Read Matthew 5:27-29.** Jesus believes battling lust requires serious action. What actions should we take if lust is a sin we struggle with?
3. **Read 1 Corinthians 6:18-20.** Scott said in his sermon, “In the church, we are mutually responsible for one another.” What does that look like in regard to lust?
 - a. Men, how should this affect the way you interact with women?
 - b. Women, how should this affect the way you interact with men?
4. **Read 1 Corinthians 7:1-9.**
 - a. Married people: How should this shape intimacy in the marriage? *Note for discussion: This is not a verse to be used to convince your spouse of anything, but rather a truth given as a way to love your spouse. This should not be a weapon to get more sex!*
 - b. Singleness: It’s clear that Paul esteemed singleness. We ought to do so as well!
 - i. Single people: What does it look like for you to serve others and honor God? In what ways is it easier and also more difficult to do that as a single person?
 - ii. Married people: How are you serving our single people in the church? How are you learning from them and letting them serve you?

PRAY: **Read 1 John 1:9 and 1 Corinthians 10:13.** Pray for healing and confession amongst your group and their families/circles. Pray for our church, that we may be a shining light of hope to the world through the healing of sexual sin that God provides.

NEXT: Do you need healing in the area of lust? Please do something to get help! Visit the site Scott mentioned (redemptiveliving.com) or tell someone who you can trust and can help you. Another good place to start is a counseling referral: southland.church/care

Leaders: Make yourself available either after group or later on if members need to speak with you. Don't take this role lightly. If you need help navigating or preparing for this, reach out to your Groups Pastor.